

Independent Living Calendar "Fall Breeze, Kindness Please" OCTOBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Your smile is your logo, your personality is your business card, how you leave others feeling after having an experience with you becomes your trademark.</p>	<p>Be Kind Everyone is fighting their own battles</p>	<p>TRICK OR TREAT PEOPLE WITH KINDNESS</p>	<p>NEVER UNDERESTIMATE THE POWER OF A SINGLE ACT OF KINDNESS. YOUR ACT MAY JUST BE THE ADDED LIFT THAT SOMEONE NEEDS TO GO FROM FALLING TO FLYING.</p>	<p>Wear Green: Mental Health 9:30 Mass (Chapel/950) 9:30 Shopping Jewel ★ 10:00 Vitals Clinic (Old Bank) 11:00 Outing: West Sub Bank/Library ★ 11:00 Skip-Bo (AC) 2:00 Minds Matter (CR) 6:15 Movie: "Senior Moment"(CR)</p>	<p>1 9:00 Chair Yoga (950) 10:00 Coffee & Chat (CR) 10:45 Outing NW Celtic Fest @ NOW Arena ★ 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) 5:30 Movie: "Queen Bees" (CR)</p>	
<p>9:30 Mass (Chapel/ 950) 3 11:00 Video Exercise 950 1:30 Bridge (CR) 6:00 The Secrets of Antarctica (950) </p>	<p>4 <u>Feast of St Francis</u> 9:30 Mass (Chapel/950) 10:15 Stretch w/Stacey (CH) 10:30 Shopping: Meijer ★ 11:00 Deacon Discussions (CR) 1:00 Blessing of the Pets (CCY) 1:30 Stroll w/Stacey (OTP) 1:30 Shopping Dollar Store ★ 6:15 Rummikub (AC)</p>	<p>9:30 Mass (Chapel/950) 5 10:15 Exercise w/Jen (CH) 10:45 New Resident Donut Social (CH) 11:00 Euchre (CR) 1:00 Phase 10 Card Games (AC) 6:00 Nat Geo Wild "Hyenas" (950) 6:30 Men's Poker (AC) </p>	<p>9:30 Mass (Chapel/950) 6 10:15 Aerobics w/Jen (CH) 1:00 Bridge (CR) 1:30 Scrabble (AC) 6:00 Movie "Let Him Go" (CR) 6:15 Rummikub (AC) </p>	<p>8:30 Flu Shot ★ 7 11:30 Clinic (CR) 9:30 Mass (Chapel/ 950) 10:15 Exercise w/Jen (CH) 10:15 Anderson Animal Vol Prog 11:00 Exercise Equipment w/Jen (FC) ★ 1:00 Farkle (AC) 2:00 Money Bingo (CH) 6:00 TED Talks "Validation, Communication thru Empathy 950" 6:30 Men's Poker (AC) </p>	<p>8 <u>Wear Red: Fire Prevention</u> 9:30 Shopping Target ★ 9:30 Mass (Chapel/950) 10:00 Vitals Clinic (Old Bank) 11:00 Skip-Bo (AC) 11:15 Outing Lunch @ O'Hare's ★ 1:30 Shopping: Farm & Fleet or Dollar Store ★ 2:00 Minds Matter (CR) 6:15 Movie: "Our Friend" CR</p>	
<p>9:30 Mass (Chapel/ 950) 10 11:00 Video Exercise 950 1:30 Bridge (CR) 6:00 World Mysteries: "Bermuda Triangle" 950 </p>	<p>11 <u>Columbus Day/ No Mail</u> 9:30 Mass (Chapel/950) 10:15 Stretch w/Stacey (CH) 10:30 Shopping: Aldi ★ 10:30 Fresh Fruit Monday (OTP) 11:00 Finding God (CR) 1:30 Movie "Inside the Met" (CR) 1:30 Stroll w/Stacey OTP 1:30 Billiards (GR) 6:15 Rummikub (AC) </p>	<p>9:00 Breakfast Bunch @ Mapleberry Pancake House ★ 12 9:30 Mass (Chapel/950) 10:15 Exercise w/Jen (CH) 11:00 Euchre (CR) 11:00 Exercise Equipment w/Jen (FC) ★ 1:00 Phase 10 Card Games (AC) 6:00 Nat Geo Wild "Wild Thailand" (950) 6:30 Men's Poker (AC) </p>	<p>9:30 Mass (Chapel/950) 13 10:00 Kuiper's Apple Farm: Flavors of The Farm Tour, Shopping & Lunch 10:15 Aerobics w/Jen (CH) 1:00 Bridge (CR) 1:30 Scrabble (AC) 2:30 Caregivers Support Grp (LIB) 6:15 Rummikub (AC) </p>	<p>9:30 Mass (Chapel/ 950) 14 10:30 Exercise w/Jen (MPR) 11:00 Community Fall Festival (CH) 1:00 Farkle (AC) 1:30 Bible Study (Cpl) 2:00 Money Bingo (Phone) 6:00 TED Talk "Power of Empathy(950)" 6:30 Men's Poker (AC) </p>	<p>15 <u>Wear Pink: Breast Cancer</u> 9:30 Mass (Chapel/950) 10:00 Vitals Clinic (Old Bank) 10:30 Shopping: Walmart 11:00 Skip-Bo (AC) 1:30 Happy Hr "Pink Drink for the Cure" (OTP) 2:00 Minds Matter (CR) 6:15 Movie: "Crisis" (CR) </p>	
<p>9:30 Mass (Chapel/ 950) 17 11:00 Video Exercise 950 1:30 Bridge (CR) 5:00 Sunday Evening Gathering (OTP) 6:00 World Mysteries: "Beneath the Mysterious Canals of Venice" (950) </p>	<p>18 9:30 Mass (Chapel/950) 10:15 Stretch w/Stacey (CH) 9:30 Shopping: Jewel ★ 11:00 Deacon Discussions (CR) 11:00 Stroll w/Stacey @ Woodfield Mall & Lunch Cheesecake Factory ★ 2:00 Community Bingo for Prize (CH) 6:15 Rummikub (AC) </p>	<p>9:30 Mass (Chapel/950) 19 10:15 Exercise w/Jen (CH) 11:00 Euchre (CR) 11:00 Create & Make (AC) ★ 1:00 Phase 10 Card Games (AC) 2:00 Apple Cider Floats (OTP) 6:00 Nat Geo Wild "White Lions" (950) 6:30 Men's Poker (AC) </p>	<p><u>Birthday Lunch/Dinner</u> 20 9:00 Vitals Clinic (ER) 9:30 Mass (Chapel/950) 10:15 Morton Arboretum Fall Foliage Tour & Lunch ★ 10:15 Aerobics w/Jen (CH) 1:00 Bridge (CR) 1:30 Scrabble (AC) 6:15 Rummikub (AC) </p>	<p>9:30 Mass (Chapel/ 950) 21 10:15 Exercise w/Jen (CH) 10:15 Anderson Animal Vol Prog 11:00 Exercise Equipment w/Jen (FC) 1:00 Farkle (AC) 1:30 Lutheran Service (Cpl) 2:00 Money Bingo (CH) 6:00 TED Talk "Power of Kindness" (950) 6:30 Men's Poker (AC) </p>	<p>22 <u>Wear Blue: Anti-Bullying</u> 9:30 Mass (Chapel/950) 10:00 Shopping: Caputos ★ 11:00 Skip-Bo (AC) 1:30 Happy Hour w/ Wine (OTP) 2:00 Minds Matter (CR) 6:15 Movie: "Wonder" (CR) </p>	
<p>19:30 Mass (Chapel/ 950) 24 11:00 Video Exercise 950 1:30 Bridge (CR) 6:00 World Mysteries: "Quest for the Holy Grail" (950) </p>	<p>25 9:30 Mass (Chapel/950) 10:15 Stretch w/Stacey (CH) 11:00 Finding God (CR) 10:30 Shopping: Target ★ 1:30 Decorate Pumpkins (CR) 1:30 Stroll w/Stacey (OTP) 6:15 Rummikub (AC) </p>	<p>9:30 Mass (Chapel/950) 26 10:30 Town Hall Mtg (CH) 11:00 Euchre (CR) 1:00 Phase 10 Card Games (AC) 2:00pm Entertainment: Senior Moments w/Joe (MPR) 6:00 Nat Geo Wild "Lion Pride" (950) 6:30 Men's Poker (AC) </p>	<p>27 9:00 Vitals Clinic (ER) 9:30 Mass (Chapel/950) 10:15 Aerobics w/Jen (CH) 11:00 Outing Elgin Casino ★ 11:00 Exercise Equipment w/Jen (FC) 1:00 Bridge (CR) 1:30 Scrabble (AC) 2:30 Grief Support Grp (LIB) 6:00 Movie: Abbott/Costello Meet Mummy (CR) 6:15 Rummikub (AC) </p>	<p>9:30 Mass (Chapel/ 950) 28 10:15 Exercise w/Jen (CH) 10:15 Anderson Animal Vol Prog 1:00 Farkle (AC) 2:00 Non-Denominational (Cpl) 2:00 Money Bingo (CH) 5:30 Bonfire & Smores & Pumpkins Galore (CCY) 6:00 TED Talk "How You Treat People" (950) 6:30 Men's Poker (AC) </p>	<p>29 <u>Wear Black & Orange or Costumes</u> 9:30 Mass (Chapel/950) 9:30 Shopping: Aldi 11:00 Skip-Bo (AC) 12:00 Fang-tastic Lunch (CH) 2:00 Minds Matter (CR) 3:30 Trick or Treat Costume Parade w/ Girl Scouts (CMS) 6:15 Movie: "Practical Magic" (CR) </p>	
						<p>30 9:00 Chair Yoga (950) 10:00 Coffee & Chat (CR) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) 5:30 Movie: "Hocus Pocus" (CR) </p>

CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED
Outing or Shopping Trip

BOLD
Special Program

Room Abbreviation Key

(CPL) – Chapel

(TV950) – In House TV - Touchtown

(LR) – Living Room

(CH) – Clare Hall / Gym

(CR) – Card Room

(OTP) – Oak Tree Pub

(AC) – Arts & Crafts Room

(CMPR) - Computer Room

(FC) – Fitness Center

(SP) – Swimming Pool

(Phone)– Teleconference from Your Apartment

(DR) – Main Dining Room

(BR) – Bartlett Dining Room

(CMS) – Commons

(CCY) - Courtyard

(MPR) – Multipurpose Room

(Apt#003) – Mini Mart (LL)

(LIB) – Library

(ML) - Maple Lane

(GR) – Game Room

★ Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed.

Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.