



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p><b>New Year Day 2024</b></p> <p>9:30 Mass (Chapel/1901) 10:30 Skip-Bo (AC) 10:30 Video Exercise (1901) 1:15 Close Knit Club(BR) <b>1:30 Movie "The Holiday" (CR)</b> 1:30 Phase 10 (AC) <b>6:00 Documentary "The Boys of 36"(1901)</b> 6:15 Rummikub (CR)</p> <p>(SP,P,S,I)</p>	<p><b>2</b></p> <p>9:30 Water Aerobics w/ Jen (Pool) 9:30 Mass (Chapel/1901) 10:15 Exercise w/Jen (MPR) <b>10:30 Fresh Fruit (OTP)</b>  1:00 Phase 10 Card Game (AC) <b>1:30 Documentary "Switzerland Alpine Winter Wonderland" (1901)</b> 1:30 Scrabble(CR) <b>6:00 Documentary "Winter in the Alps" (1901)</b> 6:30 Poker (AC)</p> <p>(P,SP,N,I, S)</p>	<p><b>3</b></p> <p>9:30 Mass (Chapel/1901) <b>9:30 Shopping Target</b> ★ 10:15 Exercise w/Jen (MPR) <b>11:45 Outing Lunch @ Silverlake</b> ★ 1:00 Bridge (DR) 1:30 Scrabble (AC) <b>2:15 Shopping Aldi</b> ★ 2:30 Parkinson's Support Group (CR) <b>6:00 Movie "We're No Angels"(CR)</b> 6:15 Rummikub (AC)</p> <p>(SP,F,S,EM,F)</p>	<p><b>4</b></p> <p>9:30 Mass (Chapel/ 1901) 10:30 Video Exercise (1901) <b>11:00 Crafternoon w/Anna 1 (AC)</b> ★ 1:00 Farkle (AC) <b>2:00 Money Bingo (CR)</b> <b>6:00 Documentary: "Winter Wonderland"(1901)</b> 6:30 Poker (AC)</p> <p>(SP,P,S,I)</p>	<p><b>5</b></p> <p><b>Glaucoma Month -Wear Green</b></p> <p>9:30 Mass (Chapel/1901) <b>10:30 Shopping Jewel</b> ★ <b>Library</b> <b>1:30 Meditation w/Vicky (MPR)</b> 1:30 Skip-Bo (AC) <b>1:30 Shopping Dollar Store /Old Second Bank</b> ★ 2:00 Minds Matter (CR) <b>3:00 Sip, Sip Hooray Happy Hour (OTP)</b> <b>6:15 Movie: "The Man from Snowy River"(CR)</b> (SP,P,F,I,S)</p> <p>(P,S)</p>	<p><b>6</b></p> <p><b>Epiphany</b></p> <p>9:00 Chair Yoga (1901) 10:00 Coffee &amp; Chat (CR) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) <b>6:00 Movie: "Cool Runnings" (CR)</b></p> <p>(P,S)</p>	
<p><b>7</b></p> <p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901) 1:30 Bridge (CR) <b>6:00 Documentary: "Our Frozen Planet" (1901)</b></p> <p>(SP,P, S, I)</p>	<p><b>8</b></p> <p>9:00 Vitals Clinic (104) 9:30 Mass (Chapel/1901) <b>9:30 Shopping: Jewel</b> ★ 10:15 Stretch w/Jen (MPR) 11:00 Finding God (CR) 1:15 Close Knit Club(BR) <b>1:30 Create &amp; Make (AC)</b> ★ 1:30 Stroll w/Shannon(OTP) <b>2:00 Tech Class 1on1 (CMPR)</b> ★ <b>6:00 Documentary "Elvis: His Life &amp; His Story(1901)</b> 6:15 Rummikub (AC)</p> <p>(N,SP,F, S, I,P)</p>	<p><b>9</b></p> <p>9:30 Water Aerobics w/ Jen (Pool) 9:30 Mass (Chapel/1901) 10:15 Exercise w/Jen (MPR) <b>10:30 Presentation "Healthy Eating While Eating Out" (CR)</b> 1:00 Phase 10 Card Game (AC) <b>1:30 Crafternoon w/Anna 2 (CR)</b> <b>6:00 Documentary "The Reindeer People of Mongolia"(1901)</b> 6:30 Poker (AC)</p> <p>(P,SP,N,I, S)</p>	<p><b>10</b></p> <p>9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (MPR) <b>10:45 Outing Woodfield Mall &amp; Lunch @ Cheesecake Factory</b> ★ 1:00 Bridge (DR) 1:30 Scrabble (AC) 2:30 Caregivers Support Group (CR) <b>6:00 Documentary "Animal Winter Wonderland"(1901)</b> 6:15 Rummikub (AC)</p> <p>(SP,P S IEM,F)</p>	<p><b>11</b></p> <p><b>9:00 Build Your Own Oatmeal Bar (OTP)</b> 9:30 Mass (Chapel/ 1901) 10:30 Video Exercise (1901) <b>11:00 Tech Class 1on1 (CMPR)</b> ★ 1:00 Farkle (AC) 1:30 Bible Study(BR) <b>1:30 Money Bingo (CR)</b> <b>3:00 Presentation "Essential Oils" (CR)</b> <b>6:00 Documentary: "Land of Ice and Snow"1901)</b> 6:30 Poker (AC) (SP,P,S,I)</p> <p>(SP,P,S,I)</p>	<p><b>12</b></p> <p><b>January Blues-Wear Blue</b></p> <p>9:30 Mass (Chapel/1901) <b>10:30 Shopping Jewel</b> ★ 10:30 Skip-Bo (AC) <b>10:30 World Religion (MPR)</b> <b>1:00 Cards w/Corrine (AC)</b> ★ <b>1:30 Shopping Caputos</b> ★ 1:30 Minds Matter (CR) <b>2:00 Chair Yoga w/Vicky (MPR)</b> <b>3:00 Sip, Sip Hooray Happy Hour (OTP)</b> <b>6:15 Movie: "Winter's Tale"(CR)</b> ((SP,P,F,I,S)</p> <p>(SP,P,F,I,S)</p>	<p><b>13</b></p> <p>9:00 Chair Yoga (1901) 10:00 Coffee &amp; Chat (CR) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) <b>6:00 Movie: " My Big Fat Greek Wedding 3" (CR)</b></p> <p>(P,S)</p>
<p><b>14</b></p> <p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901) 1:30 Bridge (CR) <b>6:00 Documentary "Ernest Shackleton: Great Explorer" (1901)</b></p> <p>(SP,P, S, I)</p>	<p><b>15</b></p> <p><b>MLK Day/ NO MAIL</b> </p> <p>9:00 Vitals Clinic (104) 9:30 Mass (Chapel/1901) 10:30 Video Exercise (1901) <b>10:30 Shopping: Target</b> ★ 11:00 Deacon Discussions (CR) <b>1:30 Shopping Jewel</b> ★ <b>1:30 Outing Stroll w/Shannon @ Bartlett Community Track</b> ★ 1:15 Close Knit Club(BR) 6:15 Rummikub (AC)</p> <p>(N,SP,F, S,P)</p>	<p><b>16</b></p> <p>9:30 Water Aerobics w/ Jen (Pool) 9:30 Mass (Chapel/1901) 10:15 Exercise w/Jen (MPR) <b>10:30 Presentation "Stroke &amp; Hypertension" (CR)</b> 1:00 Phase 10 Card Game (AC) <b>1:00 Book Club (BR)</b> <b>1:30 Entertainment Music by Dante (MPR)</b> 6:30 Men's Poker (AC)</p> <p>(SP,P,N S, I)</p>	<p><b>17</b></p> <p><b>Birthday Dinner</b></p> <p>9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (MPR) <b>11:30 Outing Elgin Casino</b> ★  1:00 Bridge (DR) <b>1:30 Create &amp; Make (CR)</b> ★ 1:30 Scrabble (AC) <b>2:30 Shopping/Dropoff Goodwill</b> ★ <b>6:00 Documentary "Balto" (1901)</b> 6:15 Rummikub (AC)</p> <p>(SP,P, S, F,I)</p>	<p><b>18</b></p> <p><b>9:00 Outing Breakfast @ Savoury</b> ★</p> <p>9:30 Mass (Chapel/ 1901) 10:30 Video Exercise (1901) <b>10:30 Presentation "Know Your Smartphone"(CR)</b> 1:00 Farkle (AC) <b>2:00 Money Bingo (CR)</b> <b>6:00 Documentary "Mount Everest" (1901)</b> 6:30 Poker (AC)</p> <p>(SP,P,S,I)</p>	<p><b>19</b></p> <p><b>Wear Blue or Green Cervical Cancer</b></p> <p>9:30 Mass (Chapel/1901) <b>10:30 Shopping Meijer/Marianos</b> ★ 10:30 Skip-Bo (AC) <b>10:30 Meditation w/Vicky (MPR)</b> <b>1:30 Shopping Jewel</b> ★ 2:00 Minds Matter (CR) <b>3:00 Sip, Sip Hooray Happy Hour (OTP)</b> <b>6:15 Movie: "Miracle"(CR)</b></p> <p>(SP,P,F,I,S)</p>	<p><b>20</b></p> <p>9:00 Chair Yoga (1901) 10:00 Coffee &amp; Chat (CR) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) <b>6:00 Movie: "Take the Ice" (CR)</b></p> <p>(P,S)</p>
<p><b>21</b></p> <p>9:30 Mass (Chapel/ 1901) 11:00 Video Exercise 1901) 1:30 Bridge (CR) <b>6:00 Documentary: "Man vs. Ice: The Crazy Decent" (1901)</b></p> <p>(SP,P, S, I)</p>	<p><b>22</b></p> <p>9:00 Vitals Clinic (104) 9:30 Mass (Chapel/1901) <b>10:30 Shopping: Target</b> ★ 10:15 Stretch w/Jen (MPR) 11:00 Finding God (CR) <b>12:45 Shopping Jewel</b> ★ <b>12:45 Outing Luxury Nails</b> ★ 1:15 Close Knit Club(BR) <b>1:15 National Pie Day(OTP)</b>  <b>2:00 Billiards (GR)</b> 6:15 Rummikub (AC)</p> <p>(N,SP,F, S,P)</p>	<p><b>23</b></p> <p>9:00 Water Aerobics w/ Jen (Pool) 9:30 Mass (Chapel/1901) <b>10:30 Town Hall Mtg (CH)</b> 1:00 Phase 10 Card Game (AC) <b>1:15 Just Poppin Popcorn(OTP)</b> ★ <b>2:00 Crafternoon w/Anna 3 (CR)</b> ★ <b>6:00 Documentary "Extreme Ice" (1901)</b> 6:30 Poker (AC)</p> <p>(SP, P,S, I)</p>	<p><b>24</b></p> <p>9:30 Mass (Chapel/1901) 10:15 Aerobics w/Jen (CH) <b>11:00 Outing Bocce Ball &amp; Lunch @ Pinstripes</b> ★ 1:00 Bridge (DR) 1:30 Scrabble (AC) 2:30 Grief Support Group (CR) <b>3:00 Hot Toddy Happy Hour (OTP)</b> <b>6:00 Timeline: Search for the Frozen Treasure of the Alps (1901)</b> 6:15 Rummikub (AC) (SP,P S I,EM,F)</p> <p>(SP,P, S, F,I)</p>	<p><b>25</b></p> <p><b>8:30 PJ's &amp; Pancakes Breakfast (DR)</b> ★</p> <p>9:30 Mass (Chapel/ 1901) 10:30 Video Exercise (1901) <b>10:30 Presentation "VA Benefits"(CR)</b> 1:00 Farkle (AC) 2:00 Non-Denominational Service (MPR) <b>2:00 Money Bingo (CR)</b> <b>3:00 Minds Matter (CR)</b> 6:30 Poker (AC) (SP,P,S,I)</p> <p>(SP,P,S,I)</p>	<p><b>26</b></p> <p><b>Wear Favorite Sports Team</b></p> <p>9:30 Mass (Chapel/1901) <b>10:30 Shopping Target/Marshall</b> ★ 10:30 Skip-Bo (AC) <b>10:30 Resident Art Exhibit Setup</b> <b>1:00 Resident Art Exhibit (CMS)</b> ★ <b>1:30 Shopping: Jewel</b> ★ <b>2:00 Chair Yoga w/Vicky (MPR)</b> <b>3:00 Sip, Sip Hooray Happy Hour (OTP)</b> <b>6:15 Movie: "Everest" (CR)</b></p> <p>(SP,P,F,I,S)</p>	<p><b>27</b></p> <p>9:00 Chair Yoga (1901) 10:00 Coffee &amp; Chat (CR) 1:00 Skip -Bo (AC) 1:30 Scrabble (CR) <b>6:00 Movie: "Eight Below" (CR)</b></p> <p>(P,S)</p>
<p><b>28</b></p> <p>9:30 Mass(Chapel/1901) 11:00 Video Exercise 1901) 1:30 Bridge (CR) <b>5:00 Sunday Evening Gathering (CR)</b> <b>6:00 Documentary: "Canada Ice Hotel" (1901)</b></p> <p>(SP,P, S, I)</p>	<p><b>29</b></p> <p>9:00 Vitals Clinic (ER) 9:30 Mass (Chapel/1901) <b>10:30 Shopping: Aldi</b> ★ 10:15 Stretch w/Jen (MPR) 11:00 Deacon Discussions (CR) 1:15 Close Knit Club(BR) 1:30 Stroll w/Shannon (OTP) <b>1:30 Shopping Jewel</b> ★ <b>2:00 Community BINGO (CH)</b> 6:15 Rummikub (AC)</p> <p>(SP,P,S,I)</p>	<p><b>30</b></p> <p>9:30 Water Aerobics w/ Jen (Pool) 9:30 Mass (Chapel/1901) 10:15 Exercise w/Jen (MPR) <b>11:00 Tech Class 1on1 (CMPR)</b> ★ 1:00 Phase 10 Card Game (AC) <b>1:30 Entertainment "Music by LaVerne" (MPR)</b> <b>6:00 Documentary "Secrets from the Ice" (1901)</b> 6:30 Poker (AC) (SP, S, I)</p> <p>(SP, P,S, I)</p>	<p><b>31</b></p> <p>9:30 Mass (Chapel/1901) 10:15 Aerobic Exercise w/Jen (MPR) <b>10:30 Shopping Walmart</b> ★ 1:00 Bridge (DR) <b>1:00 Crafternoon w/Anna 4 (CR)</b> 1:30 Scrabble (AC) <b>3:45 Outing Manhattans</b> ★ <b>6:00 Documentary "Sled Dog Life" (1901)</b> 6:15 Rummikub (AC)</p> <p>(SP,P, S, I,F)</p>			



## CALENDAR / DESCRIPTIONS KEY



**Registration Required**



**Walking Required**

**RED**  
**Outing or Shopping Trip**

**BOLD**  
**Special Program**

## PILLARS OF WELLNESS KEY

**I-Intellectual- Minds Matter, Tech Class, Townhall**

**S-Social- Community Events, Entertainment, Craft, Games, Outings, Happy Hours, Poker**

**E- Environment- Recycle, Gardening**

**SP-Spiritual- Mass, Rosary, Non-Denominational, Lutheran, Deacon Discussions, Finding God, Bible Study**

**P-Physical- Exercise, Water Aerobics, Stroll, Chair Yoga, Meditation**

**EM-Emotional- Support Groups**

**N-Nutrition- Presentations, Fresh Fruit**

**F-Financial- Affordable Shopping & Outings**

## Room Abbreviation Key

(CPL) – Chapel

**1901** - In House TV - Touchtown

(LR) – Living Room

(CH) – Clare Hall / Gym

(CR) – Card Room

(OTP) – Oak Tree Pub

(AC) – Arts & Crafts Room

(CMPR) - Computer Room

(FC) – Fitness Center

(SP) – Swimming Pool

(DR) – Main Dining Room

(BR) – Bartlett Dining Room

(CMS) – Commons

(CCY) - Courtyard

(MPR) – Multipurpose Room

(Apt# **013** - Mini Mart

(LIB) – Library

(ML) - Maple Lane

(GR) – Game Room

## ★ Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

**If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.**

We are not able to issue refunds after the “register by” date listed.

Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.