

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Bonjour !</div> <div></div> <div>7</div>	<div>1</div> <div>9:00 Vitals Clinic (ER)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Video Exercise (1901)</div> <div>10:30 Shopping Aldi/CVS</div> <div>11:00 Deacon Discussions (CR)</div> <div>1:00 Skip-Bo (AC)</div> <div>1:30 Shopping Hobby Lobby/TJ</div> <div>Maxx/ Home Goods</div> <div>1:30 Walk the Pond w/Anna (OTP)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>2</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Video Exercise (1901)</div> <div>10:30 Name Tag Maintenance (OTP)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>2:00 Diamond Art (AC)</div> <div>2:00 Monet Bingo (CR)</div> <div>6:00 Documentary "Rick Steves: History of Paris"(1901)</div> <div>6 :30 Poker (AC)</div> <div>6:30 Rosary for Peace (Apt 226)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>3</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Video Exercise 1901)</div> <div>10:30 Shopping Walmart</div> <div>12:00 Hot Diggity Dogs w/ Games(CCY)</div> <div>1:00 Bridge (DR)</div> <div>1:30 Scrabble (AC)</div> <div>1:30 Shopping Target</div> <div>2:00 Entertainment: Carillon Carolers Patriotic Concert (2N)</div> <div>2:30 Parkinson Support Grp (Lib)</div> <div>3:00 Minds Matter (CR)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>4</div> <div>Independence Day</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Video Exercise (1901)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:30 Documentary "Secrets Behind the Declaration of Independence" (1901)</div> <div>1:30 Scrabble (CR)</div> <div>6:00 Documentary "Firework Fusion" (1901)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div> <div>9:15 Bartlett Fireworks(Over Pond)</div>	<div>5</div> <div>Year Red, White & Blue</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Adoration (Chapel)</div> <div>10:30 Shopping Jewel/Library</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Meditation w/Vicky (MPR)</div> <div>1:30 Shopping Dollar Store/ Old Second Bank</div> <div>6:00 Movie: "One Life" (CR)</div>	<div>6</div> <div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee & Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: "Lion"(CR)</div>
<div>7</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge(CR)</div> <div>6:00 Documentary "Statue of Liberty" (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>8</div> <div>9:00 Vitals Clinic (ER)</div> <div>9:30 Mass (Chapel/1901)</div> <div>9:30 Shopping Target</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>10:30 Hand Massages (OTP)</div> <div>1:00 Skip-Bo (AC)</div> <div>1:30 Walk the Pond w/Anna (OTP)</div> <div>2:30 Shopping/ Dropoff Goodwill</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>9</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Fresh Fruit (OTP)</div> <div>10:30 Hand Massages (OTP)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:00 Walker Tune-Up (CR)</div> <div>2:00 Diamond Art (AC)</div> <div>6:00 Documentary "Paris: The City of Lights"(1901)</div> <div>6:30 Poker (AC)</div> <div>6:30 Rosary for Peace (Apt 226)</div>	<div>10</div> <div>9:30 Mass (Chapel/1901)</div> <div>9:45 Outing Painting Class @Arts in Bartlett & Lunch @ Toot Toots</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>10:30 Create & Make (AC)</div> <div>1:00 Bridge (DR)</div> <div>1:30 Scrabble (AC)</div> <div>2:30 Caregivers Support Grp (CR)</div> <div>6:15 Rummikub (CR)</div> <div>6:30 Outing "The Search for Planet 9 @ Bartlett Library</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>11</div> <div>Nat'l Blueberry Month</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>10:30 Presentation Financial Fraud w/ RUSH & Blueberry Muffins (DR)</div> <div>1:00 Farkle (AC)</div> <div>1:30 Bible Study(Library)</div> <div>1:30 Lutheran Service (Chapel)</div> <div>2:00 Monet Bingo (CR)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>12</div> <div>Wear Baseball Attire All Star</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Meijer</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Chair Yoga w/Vicky (MPR)</div> <div>11:00 Outing Lunch @ Culvers</div> <div>2:00 Minds Matter (CR)</div> <div>3:00 What's Not to Louvre Happy Hour (OTP)</div> <div>6:00 Movie: "Arthur the King" (CR)</div>	<div>13</div> <div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee & Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: "The Blessing Bracelet" (CR)</div>
<div>14</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge(CR)</div> <div>6:00 Documentary- "The Louvre: The Hidden Engineering Secret" (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>15</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Marshalls</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>11:00 Deacon Discussions (CR)</div> <div>1:00 Outing Walk @ Pratt Wayne</div> <div>1:00 Skip-Bo (AC)</div> <div>6:15 Rummikub (CR)</div> <div>7 :00 Deep Healing Meditation (1901)</div>	<div>16</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:00 Book Club (BR)</div> <div>2:00 Diamond Art (AC)</div> <div>2:15 Popsicles in the Patio (CCY)</div> <div>5:45 Documentary " Eternal of Notre-Dame"(1901)</div> <div>6 :30 Poker (AC)</div> <div>6:30 Rosary for Peace (Apt 226)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>17</div> <div>July Birthday Dinner</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>10:30 Outing Winfield's Farmers Market</div> <div>1:00 Bridge (CR)</div> <div>1:30 Create & Make (AC)</div> <div>1:30 Scrabble (OTP)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>18</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>11:15 Outing History of LeeWards @ Elgin History Museum</div> <div>1:00 31 Card Game(AC)</div> <div>2:00 Monet Bingo (CR)</div> <div>6:30 Presentation: The History of The Oaks by Reneta Webb (CR)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>19</div> <div>UV Safety: Wear Black</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Caputos</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Meditation w/Vicky (MPR)</div> <div>1:00 Card's w/Corrine (CR)</div> <div>1:30 Shopping Jewel</div> <div>2:00 Minds Matter (CR)</div> <div>3:00 What's Not to Louvre Happy Hour (OTP)</div> <div>6:00 Movie: " The Other Dream Team" (CR)</div>	<div>20</div> <div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee & Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: "Race" (CR)</div>
<div>21</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge(CR)</div> <div>6:00 Documentary- "Monumental Marvels of Paris" (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>22</div> <div>9:00 Vitals Clinic (ER)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>10:30 Shopping Target</div> <div>11:00 Finding God (CR)</div> <div>1:00 Skip-Bo (AC)</div> <div>12:45 Shopping Jewel</div> <div>12:45 Outing Luxury Nails</div> <div>1:30 Low Vision Support Grp (CR)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>23</div> <div>9:00 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Town Hall (CH)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:00 Outing Secretary State Mobile Service @ Hanover Township</div> <div>2:00 Diamond Art (AC)</div> <div>5:45 Documentary "Decoding da Vinci "(1901)</div> <div>6 :30 Poker (AC)</div> <div>6:30 Rosary for Peace (Apt 226)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>24</div> <div>8:30 Outing "Ronald Reagan Home Tour & Lunch</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>1:00 Bridge (DR)</div> <div>1:30 Scrabble (AC)</div> <div>1:30 Entertainment Mike & Noreen(MPR)</div> <div>2:30 Grief Support Grp (CR)</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>25</div> <div>9:00 Outing Breakfast @Sweet Basil Café</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>1:00 Farkle (AC)</div> <div>2:00 Non-Denominational Service (Cpl)</div> <div>2:00 Monet Bingo (CR)</div> <div>3:00 Minds Matter (CR)</div> <div>6:30 Poker (AC)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>26</div> <div>Summer Olympics Begins Wear Red, White & Blue</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:30 Shopping Trader Joe's</div> <div>10:30 Skip-Bo (AC)</div> <div>10:30 Chair Yoga w/Vicky (MPR)</div> <div>1:30 Shopping Jewel</div> <div>2:00 The Oaks Opening Ceremony Social(OTP)</div> <div>3:00 What's Not to Louvre Happy Hour (OTP)</div>	<div>27</div> <div>9:00 Chair Yoga (1901)</div> <div>10:30 Coffee & Chat (CR)</div> <div>1:00 Skip -Bo (AC)</div> <div>1:00 Scrabble (CR)</div> <div>6:00 Movie: "Olympic Pride: American Prejudice" (CR)</div>
<div>28</div> <div>9:30 Mass (Chapel/ 1901)</div> <div>11:00 Video Exercise 1901)</div> <div>1:30 Bridge(CR)</div> <div>5:00 Sunday Evening Gathering (CR)</div> <div>5:45 Documentary: "The History of the Eiffel Tower" (1901)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>29</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Stretch w/Jen (MPR)</div> <div>10:30 Shopping Aldi/CVS</div> <div>11:00 Olympic Game #1 (Solo Cup Relay) OTP</div> <div>1:00 Skip-Bo (AC)</div> <div>1:30 Shopping Meijer</div> <div>6:15 Rummikub (CR)</div> <div>6:30 Outing "Public Enemy: Dillinger in Chicago @ Bartlett Library</div>	<div>30</div> <div>9:30 Water Aerobics w/ Jen (Pool)</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Exercise w/ Jen (MPR)</div> <div>1:00 Phase 10 Card Games (AC)</div> <div>1:15 Olympic Game #1 (Rollator Relay) 827</div> <div>2:30 Diamond Art (AC)</div> <div>6:00 Documentary "Paris: City of Catacombs "(1901)</div> <div>6 :30 Poker (AC)</div> <div>6:30 Rosary for Peace (Apt 226)</div> <div>7:00 Qigong Video Exercise (1901)</div>	<div>31</div> <div>9:30 Mass (Chapel/1901)</div> <div>10:15 Aerobic Exercise w/Jen (MPR)</div> <div>10:30 Shopping Woodfield Mall</div> <div>10:30 Presentation "Online Shopping" (CR)</div> <div>1:00 Bridge (CR)</div> <div>1:15 Just Poppin Popcorn (OTP)</div> <div>1:30 Scrabble (AC)</div> <div>3:45 Outing Dinner@ Manhattan's</div> <div>6:15 Rummikub (CR)</div> <div>7:00 Deep Healing Meditation (1901)</div>	<div>The Oaks Summer Games 2024</div>		

CALENDAR / DESCRIPTIONS KEY



Registration Required



Walking Required

RED

Outing or Shopping Trip

GREEN

Presentation/Entertainment

BOLD

Special Program

BLUE

Movie or DVD Series

Room Abbreviation Key

(CPL) – Chapel	(CTV) – In House TV
(HR) – History Room	(CCY) - Courtyard
(MPR) – Multipurpose Room	(CH) – Clare Hall / Gym
(MLDR) – Maple Dining Room	(LIB) – Library
(CR) – Card Room	(ML) - Maple Lane
(GR) – Game Room	(FC) – Fitness Center
(SP) – Swimming Pool	(DR) – Main Dining Room
(BR) – Bartlett Dining Room	(OTP) – Oak Tree Pub
(AC) – Arts & Crafts Room	(CMPR) - Computer Room



Registration Reminders.....

If you are registering for a program, outing or special event, please check the “register by” date.

If you are not signed-up by this “register by” date, we cannot guarantee you a spot or ticket.

We are not able to issue refunds after the “register by” date listed. Please make sure if you are not able to attend that you cancel prior to the date listed or your account will be charged.

If we do not have the “minimum number” registered for a program, event, or outing, it will be canceled on the “register by” date.

Regularly Scheduled Programs, Services, Groups & Meetings

Stretch & Exercise Class w/ Jen - Are you afraid of falling or feel off balance? Then this class is for you! We will be working on fall prevention techniques and exercises to help strengthen your muscles to keep up upright. All levels welcome!

Aerobics w/ Jen- Offered every **Wednesday in the MPR at 10:15am**. These classes offer something for everyone!! Cardiovascular exercise, strength training, flexibility, balance and fun all in one class! All levels welcome!

Water Aerobics – Located in the swimming pool every **Tuesday & Thursday at 9:30am**. No swimming experience needed. All exercise done in shallow water. Great for those with arthritis or balance issues.

Exercise on CTV – Exercise classes are offered on our own in-house CTV!! Tune into channel 1901 and exercise in the comfort of your own home. Check the calendar for days and times that video classes will be offered.

Create & Make - **Registration required!** Craft classes will be held in the A&C. Please check the sign-up book for a list of the dates & projects. Please register for 1 class as they are the same project.

Poker - Offered every week in the Arts and Crafts Room. Meets on Tuesdays & Thursday’s at 6:30pm All are Welcome!!

Monthly Town Hall Meeting – **Tuesday, July 23rd at 10:30 in Clare Hall**. The Clare Oaks Directors meet every fourth Tuesday of the month with the residents to discuss all that is happening in their respective departments. This is a great overview of everything happening in the community. There is also an opportunity for you to ask questions.

Deacon Discussions - Join this group led by Deacon Dave as he discusses the dimensions of wellness and how each impacts our spiritual self. Meets every other Monday. All are welcome!

Lutheran Service – Lutheran services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Non-Denominational Service – Non-Denominational services are held once a month. Please check the calendar and CTV for exact dates, times and locations.

Mass- Sunday – Friday at 9:30am in the Chapel.

Support Groups - See Calendar for Dates & Times. Parkinson’s, Caregiver’s, Grief Support, Groups are offered right here at The Oaks. Please feel free to join any of these groups at any time!

Rosary – **Every Tuesday at 6:30pm in the Card Room**. All are welcome to participate in the Rosary group. Join in anytime!

Stroll w/ Anna – This group meets in the Pub and takes a walk together throughout the community. When the weather is nice, the group will walk outdoors; otherwise, the walks take place inside the community. All levels are welcome. **Please see the calendar for scheduled days and times.**

Close Knit Club- Whether you like to knit, crochet or embroidery, it’s a chance to meet people enjoying the same hobby. Everyone is Welcome! Join anytime. **Meets every Monday @ 1:15pm in the Bartlett Room.**

Book Club – The book club meets the 3rd Tuesday of the month. This group meets in the Bartlett Room.

Money Bingo –**Thursday at 2:00pm in the Card Room**. All are welcome!!!

Mind Matters – Are you looking for some great brain exercises? Then this is the perfect program for you. Check the calendar for dates and times then join us for a fun mind workout! All are welcome and you can join in anytime!

Crafternoon w/ Anna- **Registration required!** Enjoy crafting? These classes are for you. Different craft each time. Please check the calendar for times and dates.

Diamond Art-It's a fantastic therapeutic hobby that promotes mindfulness and relaxation, as well as being fun and a great way to develop art skills. Please see Anna to purchase or order a kit on your own.

